

## Proper Footwear when Training - by PCE Trainer Jean Marcellus

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A timely tip, for those just venturing outside, after another long, snowy winter:

When Training, it's important that you maintain your balance at all times, so that your dog can't knock you down or drag you down the street! While flip-flops are comfortable, and slip-on flats or high-heels are fashionable, they really won't help you maintain good balance, or proper control! Heading outdoors with Man's Best Friend? Choose **RUNNING SHOES OR HIKING BOOTS!**

One of the Best shoes for **AGILITY TRAINING**? Click here to check out [Clean Run](#) . They also sell agility clothes, training tools, videos, DVDs, books and more. As everyone here at Pet Country Estate knows: Dog agility is one of the most exciting things that you can do with your dog! It's **FUN & FAST!** Dogs love it and so does the crowd!

For most competitors, it's just a matter of getting a better round than last time, or finally getting that first clear round. Tough to do, without proper shoes. If your shoes are loose-fitting, or falling off your feet, you will not only lose time, but also risk hurting yourself if you slip & fall. Remember: you must always train as if it is a competition and compete as if it is training. In other words: try to Train as best you can, so that when you actually compete, you'll both have &quot;FUN!&quot; The right shoes, will give you a great advantage! Now...&quot;WHO WANTS TO GO FOR A WALK!?!&quot;